

Bike for the Brain Communications Plan

September 7, 2015

Agency Contacts



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Coordinator

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--Kelly Rasor--
Logistics

Amateur Contacts



KDØEKS
--Steve—
NCS



KCØBS
--Brian—
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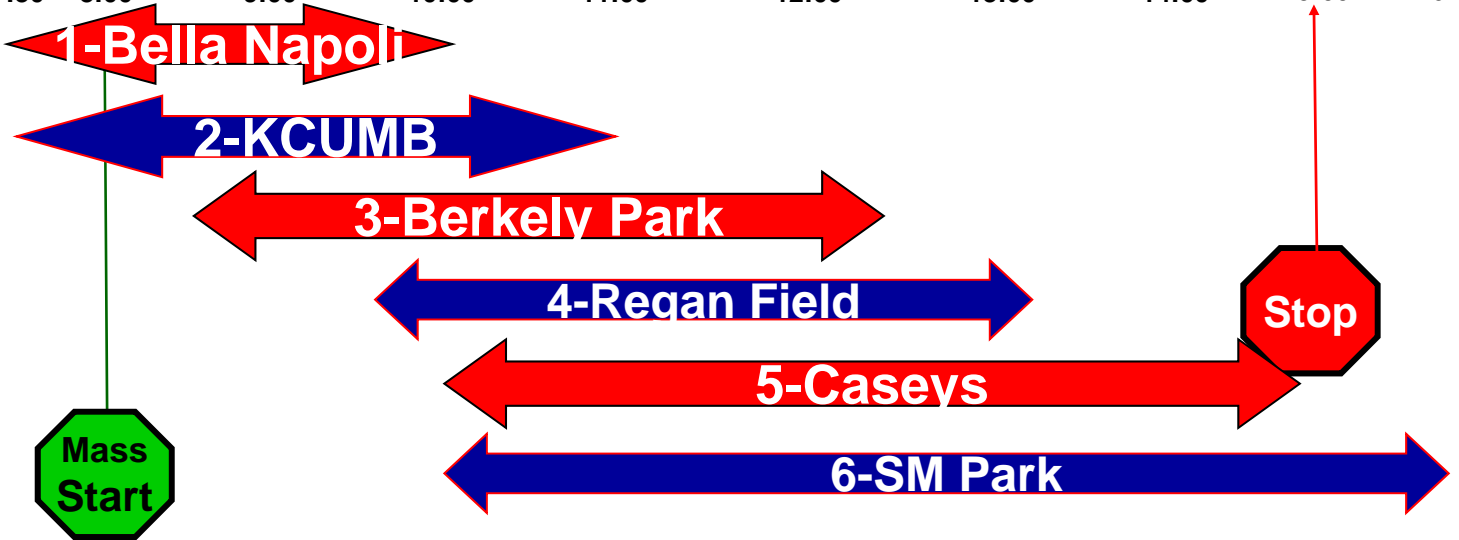
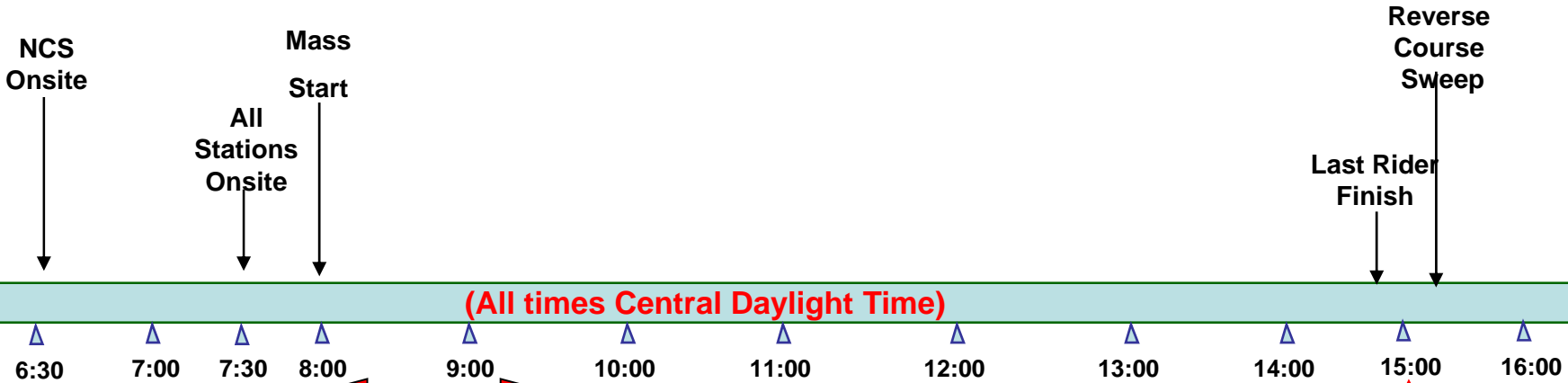
KDØEWB
--Ryan—
NCS



9/7/15 Monday

146.94- 88.5Hz Primary
146.82- 151.4 Secondary

Net Control Phone 913-638-7373
MED Emergency: Call 911 & Notify Net Control





Roster

Call	Name	Last	SFX	Trkr	Cell	Assignment	Report to	Onsite
W0BBQ	John	Hochscheid	BBQ		913.649.7515	RS5 Caseys	Location	1000
K1BBR	Bob	Leonard	BBR		816-589-7638	Charlie / Fox Rover	Location	800
KD0BNY	Tony	Berry	BNY		913-620-2299	Moto2 (Cliff Dr)/ 55 mi TEC	Location	900
KD0EKS	Steve	Lester	EKS	-2	913-390-3570	NCS	Start/Fin	700
KC0ELZ	Joel	Grieshaber	ELZ		816-353-0174	Moto1 / 30 Mi TEC	RS1	0800
KD0EVM	John	Capra	EVM		913 484 7204	SAG3	RS3	1000
KD0EWB	Ryan	O'Neil	EWB		913-244-6959	NCS	Start/Fin	700
KD0FE	Steve	Smith	FUE		816-550-2091	Echo Rover	E Section	800
KD0JQH	Jim	Dunn	JQH		913-706-3866	SAG1	RS5	800
KD0JQW	Julie	MacLachlan	JQW		913-486-6237	RS2 KC UMB	Location	800
KC0KTP	Riley	Dunn	KTP		913-638-7247	RS3 Berkley River Front Park	Location	1000
KD0OYW	Warren	Minear	OYW		913-449-7348	RS6 SM Park Shelter 6	Location	1000
AD0OZ	Blake	Huber	OZ			Hotel Rover	H Section	800
KD0QXP	Brenda	Dunn	QXP		913-568-3866	RS1 Bella Napoli	Location	800
KC0ZNO	Regan	Dunn	ZNO		913-669-3846	RS4 Regan Field	Location	1000
KB0ZWA	Brian	Whitlock	ZWA		816-256-2393	Safety/Traffic	Start/Fin	900



Start Time



Riders will Stagger start at 8am 9am and 10am

If you already have a specific assignment be on station at the time indicated on the roster, otherwise, check in at **0730 on the 146.94- repeater.**

If you are assigned to a ride official (Shadow.) you need to find your person and get your gear set by 0730

Net Control will be on the air by 0700.



Priorities



Dangerous Intersections

SAG/Rovers will focus on assigned intersections, and then rove/SAG once a majority of bikers are passed.

Traffic

All stations will watch for and report dangerous traffic situations, so that the proper support can be deployed.

Route is open till 4.

We will reverse sweep the route at 4:00 pm, **picking up ALL SIGNS.** If riders are on the route, they will be notified that they are no longer supported.



Checklist



- Mobile Radio (Dual Band with Gain Ant Preferred)
- Handheld Radio (Dual Band Preferred)
- ANSI II Vest (\$14 at Walmart)
- Lawn chair & Shade (Umbrella)
- Snack: in case you miss lunch
- Bug Spray & Sunscreen
- This Guide & Route Map
- Spare batteries
- Water
- Something to read during the quiet times
- Programming instructions for your radios
- Full Fuel Tank



Background

This charity bike ride benefits KS & MO non-profit Mental health service providers.

400 riders expected.

Start/Finish is at JOCO Mental Health Center at 6000 Lamar

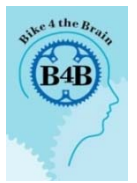
The rides will be routes of 10, 33, 57 & 67 miles.

Six full rest stops.

The course is in Johnson, Wyandotte & Clay counties so we will get a chance to work a wide area on a single repeater. Best of all is to have an opportunity to hone our operator skills while helping a large part of our community.



Assignment Types



Checkpoints: monitor intersections where cyclists could miss a turn or encounter dangerous high-speed motor traffic. These operators are the ones the cyclists are most aware of, because they're plainly visible with their event window flags. They are greatly appreciated because they provide reassurance that help is near if needed. They're even more appreciated if they carry some drinking water for thirsty riders. (see later note). **Please try to count the cyclists as they go by, and provide that info to NC when asked.**

Rest Stops: Communicate supplies inventory & rest stop status, as well as a count of cyclists.

“SAG”: picks up riders who are "sagging" and won't/can't make it due to fatigue or injury. SAGs will be hams, and probably have APRS. They will service a section of the route in a loop, and can transfer riders to the next Rest Stop. If a rider needs assistance, contact NC with the rider Name, description & location. When not assisting riders SAGs may assist with Rest stop logistics (transferring food/water etc) will assist with Cider mill parking at 6am.

“Rover”: move up and down the line of cycles, keeping tabs on where the front cyclists are and where the laggards are. They watch for cyclists in trouble -- those with cramping muscles, disabled bikes or other mishaps, including unfriendly dogs or crashed bikes with injured riders.

“Tail End Charlie”: If you are asked to follow the last rider on any particular loop you will be known as Tail End Charlie. This is an important position as the location of the last rider on any loop is one of the most asked for pieces of information. This can be a tedious task but if done properly doesn't need to be. The best technique is to “leap frog” the last rider(s) as opposed to following behind them at 5 miles per hour. The “follow behind” method makes the rider very nervous and self-conscious.

“

“Safety”: The liaison station to EMS, Sheriff, PD & Fire. Any non-critical calls for medical assistance can be directed through this station. Critical calls for medical assistance should be made by saying “BREAK BREAK BREAK”, and then notifying net control of the location, rider condition and description. 911 should only be called as a last resort.



Checkpoints

STFin Start Finish 6000 Lamar 8am-4pm

- A1 67th & Lamar
- A2 67th & Mission
- A3 63rd & Indian lane
- A4 63rd & Brookside
- A5 Meyer & Brookside
- A6 Ward Pkwy & Meyer
- A7 Belinder & Tomahawk
- A8 71st & Tomahawk
- A9 71st & Lamar

- B1 51st & Brookside
- B2 45th & Oak
- B3 40th & Warwick
- B4 Armour & Gilham
- B5 22nd & Locust
- B6 18th & Oak
- B7 18th & PaseoC5 Choteau & Belmont

- C1 Independence Ave & Paseo
- C2 Cliff Drive & Lookout Point Drive
- C4 Cliff Drive & Gladstone Blvd
- C6 Gardner & Choteau
- C7 Gardner & North Kansas Ave
- C8 Front & Grand
- C9 3rd & Broadway

- D1 5th & Minnesota
- D2 18th & Central
- D3 59th & Hwy 32
- D4 55th & Hwy 32
- D5 55th & Inland Dr
- D6 70th & Inland Dr
- D7 Wilder & Holiday Dr
- D8 Wilder & 47th
- D9 Holiday Dr & Woodland Rd

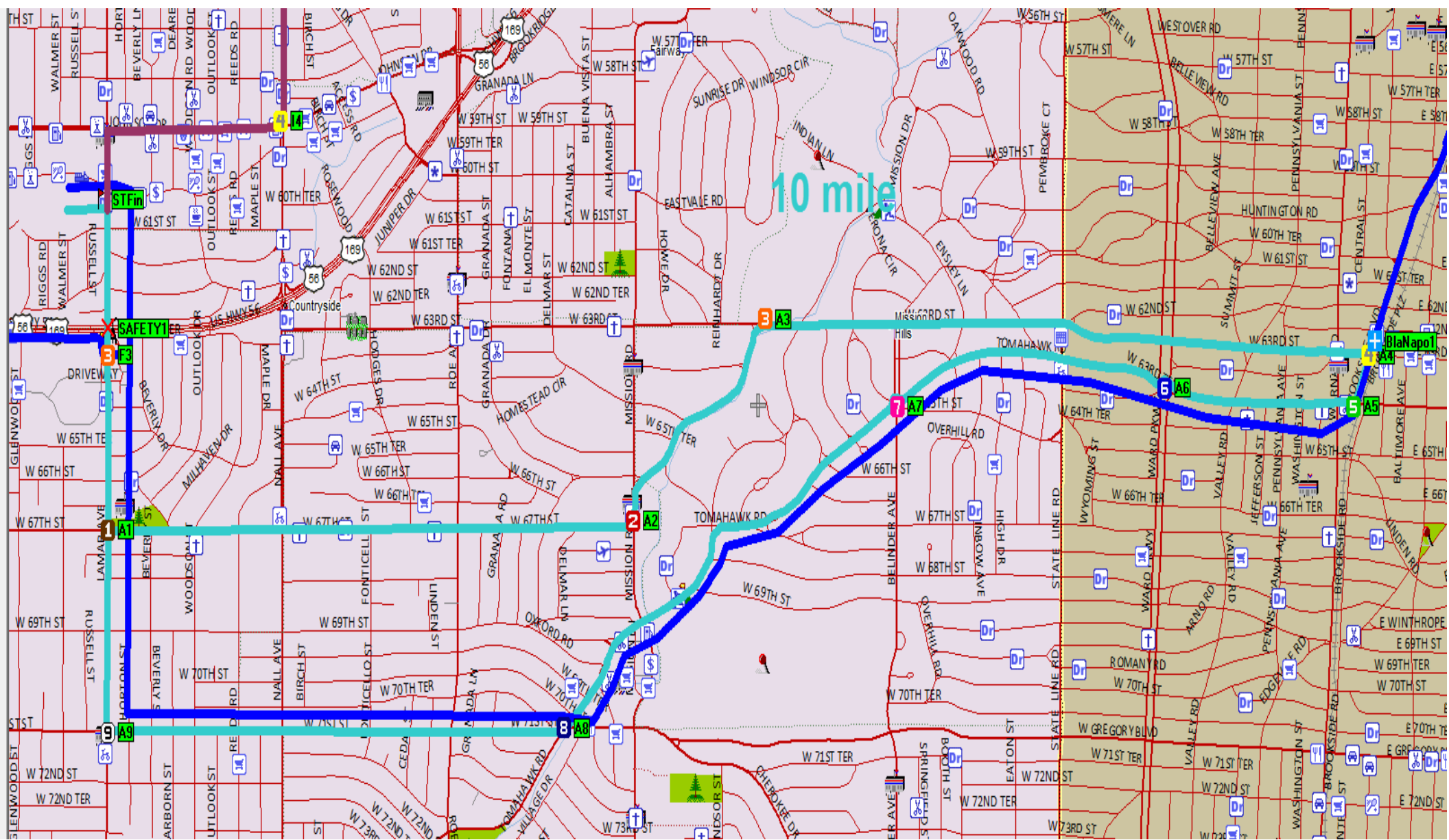
- E1 Woodland & Trail Turnoff
- E2 Visa Ave & SM Parkway
- E3 Renner & Midland Dr
- E4 Midland Dr & BlackFish Pkwy
- E5 Midland & 67th
- E6 67th & Nieman
- E7 Antioch & Driveway just north of 67th
- E8 65th & Craig
- E9 66th & Craig

- F1 65th & Metcalf
- F2 64th & Metcalf
- F3 Lamar & Frontage Rd

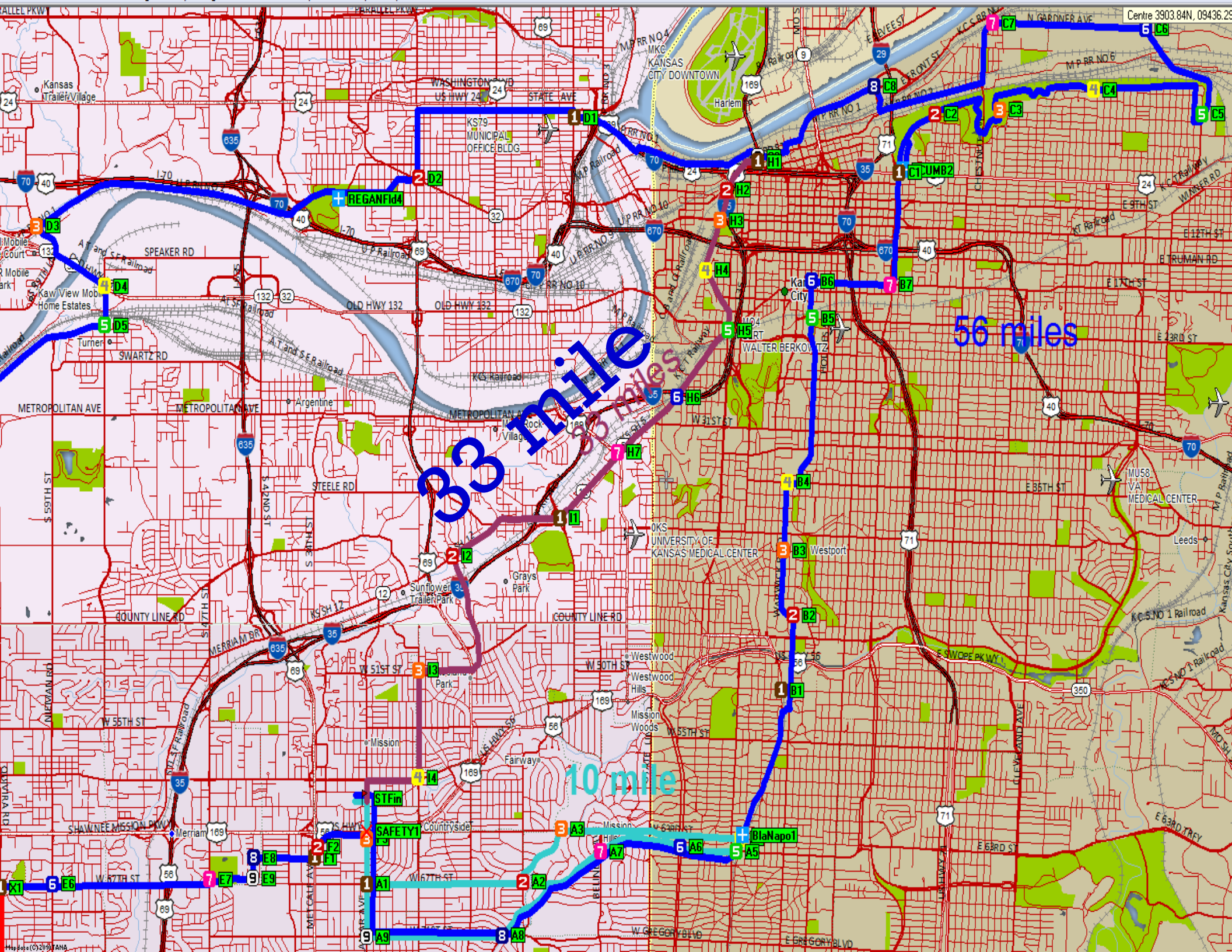
- H1 4th & Broadway
- H2 Blues & Union
- H3 12th & Beardsley
- H4 17th & Pennway
- H5 Summit & Southwest
- H6 29th & Broadway
- H7 169 Hwy & Southwest
- I4 Johnson Dr & Nall
- I3 50th Terr & Nall
- I2 Merriam & Roe
- I1 55th & Roe

- X1 67th & Quivira
- X2 Quivira & Santa Fe Trail Dr
- X3 95th & Santa Fe Trail Dr
- X4 127th & College Blvd
- X5 127th & Kansas City Rd
- X6 127th & Woodland
- X7 Woodland & RR Tracks
- X8 85th & Woodland
- X9 75th & Martindale Rd

- SAFETY1 Shawnee Msn Pkwy & Lamar
- BlaNapo1 6229 Brookside Blvd 7:30 to 10:00 a.m.
- KCUMB2 1622 Independence Ave 7:30 to 11 a.m.
- BrklyPark3 Grand Blvd 8:30a-12:30
- REGANFId4 27th and Park Dr 9:30 to 1:15 p.m.
- CASEYS5 20810 Johnson Dr (& Woodland) 9:30 to 3 p.m.
- SMPark6 Shelter 6; 7900 Renner Rd 10:00 - 1:00 p.m.



10 mile



33 mile

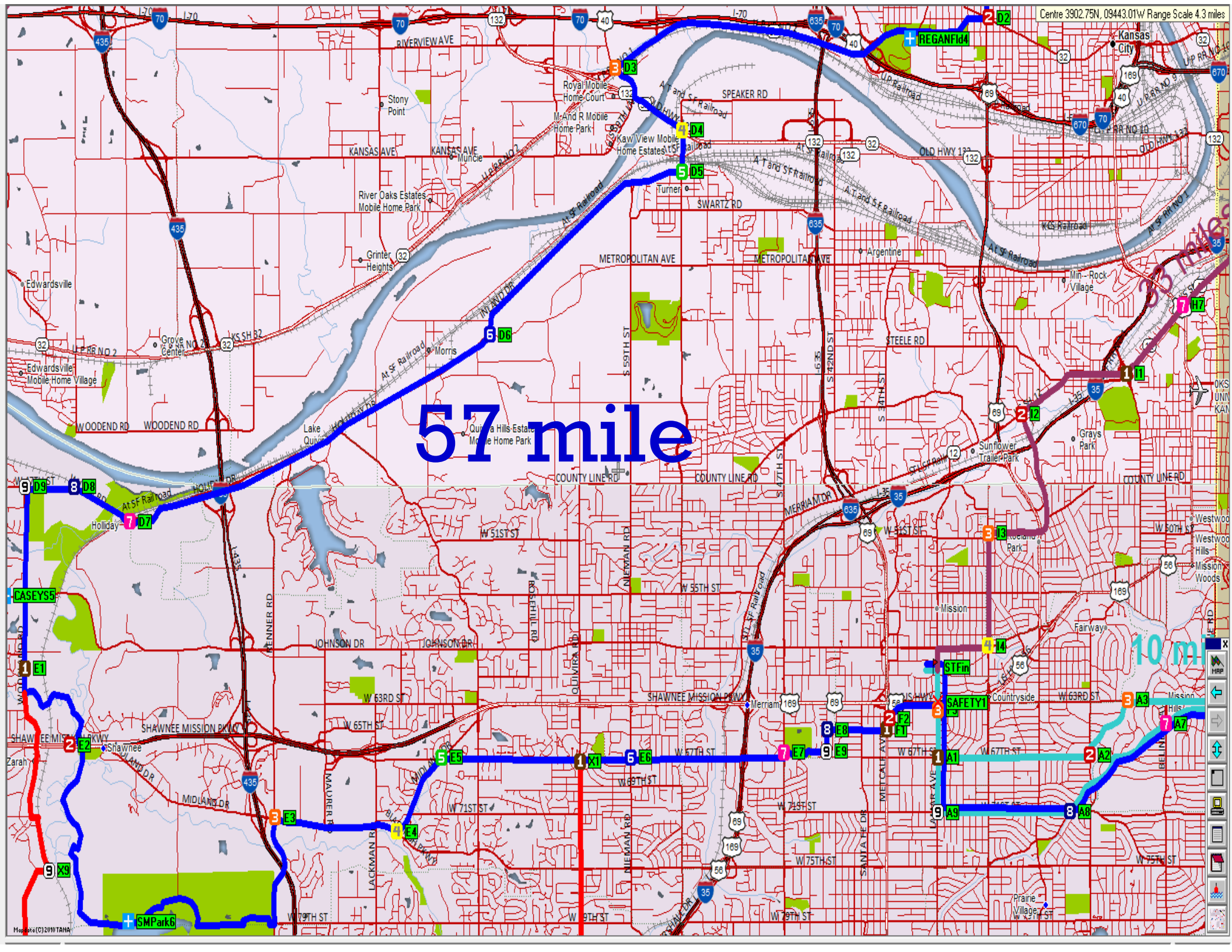
35 miles

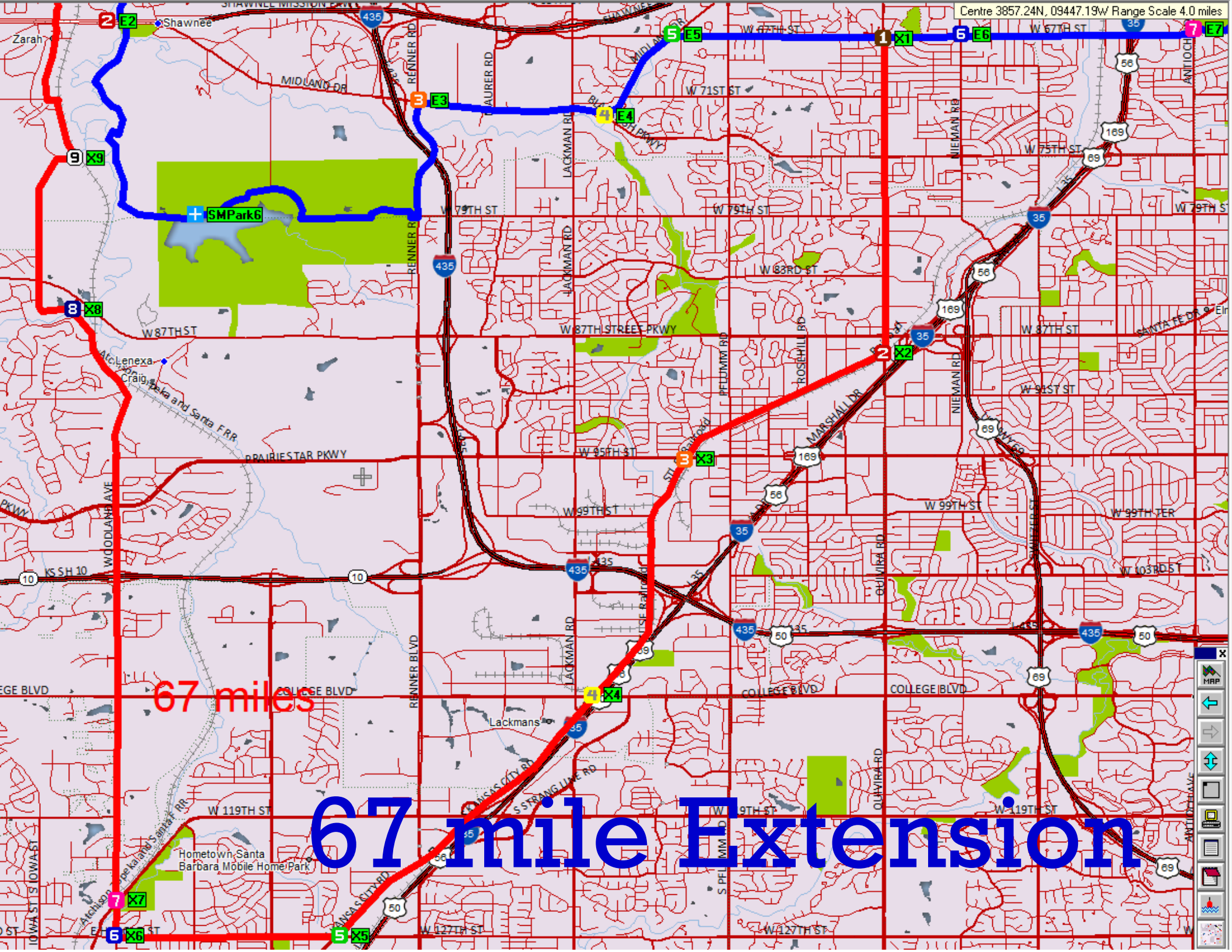
10 mile

56 miles

57 mile

10 mi





67 miles

67 mile Extension



Final Thoughts

- Thank you on behalf of Bike for the Brain, and ARES
- The hard work we all put forth for this event not only benefits the riders, but also is great emergency communication training for us.
- This event is as close to how a real emergency operation is run as we could ever devise.
- Having worked several of these as well as several real events I can tell you that no two are ever the same and there is no such thing as "too much training".
- Most of all, have FUN! This is just drudgery if we don't enjoy ourselves.

Again.... THANK YOU!!!!

Brian Short, KC0BS JO CO ARES EC